



September 8 is 988 Day

Celebrate Mental Health Support With Us

Come and join the Louisiana Office of Behavioral Health and our community partners at the State Capitol as we celebrate 988 Day.

Attend the Rally at the Capitol

Join Us on Tuesday, September 8:

- 🕒 9:45 a.m. - Zumba Demonstration
- 🕒 10:00 a.m. - Southern University Human Jukebox Ensemble
- 🕒 10:30 a.m. - Rally
- 🕒 11:00 a.m. - 12:00 p.m. - Resource Fair

📍 **Huey P. Long Statue**
900 North Third Street
Baton Rouge, LA 70802



Scan the QR code to view event details and sign up.

Other Ways to Support:

- Wear purple or teal
- Share 988 on socials using **#988Day** and **#Louisiana988**
- Check in with someone you care about
- Encourage others to save 988 in their phone
- Host your own wellness activity
- Display 988 materials



Share how you're celebrating.
Send stories and photos to 988@la.gov.



The Louisiana 988 helpline provides emotional support to thousands of residents each month.

Louisiana 988 specialists are ready to help whether you're feeling overwhelmed, having thoughts of suicide, or having concerns about gambling, alcohol, or drug use. Get compassionate help.

It's free, confidential, and 24/7. Call or text 988, or chat online at Louisiana988.org.

